
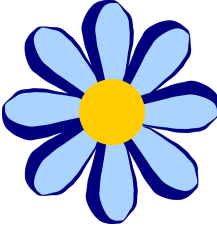


Occupational Therapy Activity Calendar: March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
22	<p>23 Do a puzzle or draw a picture, cut into pieces and try to put it back together</p>	<p>24 Play a card or board game</p>	<p>25 Make a heart and put it on your door or window to support emergency workers</p>	<p>26 Make your bed or change your sheets</p>	<p>27 Write 1 sentence or write the alphabet *bonus points if you draw a picture too</p>	28
29	<p>30 Make a healthy snack</p>	<p>31 Go for a walk outside, find one thing that's rough and one that's soft</p>				

APRIL 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice tying your shoes	2 Wash the dishes	3 Help fold some laundry	4
5	6 Measure and mix 3 snacks to make a trail mix (Cheerios, raisins, marshmallows)	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25

26	27	28	29	30		
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