



Haverhill Youth Wrestling

ONE OF THE FASTEST GROWING YOUTH SPORTS IN HAVERHILL

So why should your child wrestle?

1. Wrestling is one of the few common school sports where kids are matched up according to size/weight and age/grade.
2. Wrestling is the perfect foundation for all other sports. Wrestling teaches balance, agility, hand-eye coordination, flexibility, strength, speed, explosiveness, footwork, hustle, mental toughness, core strength, concentration, competition, endurance, and teamwork.
3. Wrestling develops self-confidence and humility at the same time. Only 2 kids can wrestle each other at a time. One has to win, one has to lose. This reality is lost in today's society.
4. Wrestling provides a foundation of some life's lessons. In order to become a successful wrestler/Athlete, hard work, determination and sacrifice are a must. In order to become a successful student, hard work, determination and sacrifice are a must. In order to be successful in a job/ career, hard work, determination and sacrifice are a must.

For more information call or email the Recreation Department Director Vin Oulette at (978) 374-2388 ex 28 or via email vo@cityof Haverhill.com